

# FIVE FREEDOMS

The welfare of an animal includes its physical and mental state and we consider that good animal welfare implies both fitness and a sense of well-being. Any animal kept by man, must at least, be protected from unnecessary suffering.



## 1. FREEDOM FROM HUNGER AND THIRST

by ready access to fresh water and diet to maintain health and vigor.

## 2. FREEDOM FROM DISCOMFORT

by providing an appropriate environment including shelter and a comfortable resting area.

## 3. FREEDOM FROM PAIN, INJURY OR DISEASE

by prevention or rapid diagnosis and treatment.

## 4. FREEDOM TO EXPRESS NORMAL BEHAVIOR

by providing sufficient space, proper facilities and company of the animal's own kind.

## 5. FREEDOM FROM FEAR AND DISTRESS

by ensuring conditions and treatment which avoid mental suffering.